

## November Events

**Christchurch:** Tuesday 18 November  
Hotel Grand Chancellor

**Dunedin:** Thursday 20 November  
Mercure Hotel

**Wellington:** Tuesday 25 November  
James Cook Hotel

**Auckland:** Thursday 27 November  
Bruce Mason Centre, North Shore

**Lunch session** 12.40pm – 2.00pm  
**Optional workshop** 2.15pm – 4.30pm

# SmartNet<sup>®</sup> workshops



## series 2008

## Unleash your Inner Superstar

Lisa Nimmo and Shelley Hirini bring a new dimension to motivation and goal-setting. Their story is one of hard work, talent and the courage to follow a dream. Lisa and Shelley share some of the secrets that have seen them in just five years, switch from corporate career paths to becoming successful professional musicians, and performing with international legends Elton John and Eric Clapton. They create an uplifting, positive mood with their unique presentation which blends keynote speaking with live music performance.



**Lisa Nimmo and Shelley Hirini (Pearl)**

Both in their thirties and with combined business backgrounds in marketing, advertising, business and project management Lisa Nimmo and Shelley Hirini have succeeded against the odds. In just six years they have built a successful international brand (Pearl) in a rapidly changing global market.

Lisa is a polished, witty and entertaining speaker and an award winning Toastmaster with a business background in marketing and advertising. Fluent in Japanese language, and with a degree in Political Science, Shelley's professional background is in project management and event planning. They were introduced in 2002 by a life coach, formed Pearl in 2003 and have since released a critically acclaimed debut album and have performed with international music legends Elton John and Eric Clapton. Pearl's music can now be heard all over the world.

For more visit [www.pearlband.com](http://www.pearlband.com)

*"I have no hesitation in recommending Pearl to anyone looking for an interesting and passionate presentation that ties in some great business ideas and a lesson on sticking to your guns no matter what."*  
- BNI New Zealand

*"Thank you so much for your presentation and performance... Everyone was blown away!"*  
- Stretton Publishing

12.40pm - 2pm Lunch session

***How to get outside your comfort zone and achieve new goals***

Lisa and Shelley will show you how to thrive on life outside your comfort zone and how to turn fears, procrastination and anxiety into self confidence, energy and excitement for life so that, to use their debut album title, every day is 'no ordinary day'

Become the CEO of your own life and use the skills and knowledge you have within you right now to achieve personal and work goals greater than you can imagine. Learn how to:

- Step outside your comfort zone and survive
- Create positive pressure on yourself to take action towards a goal
- Control your mind (and ego) so you don't chicken out
- Calm your body using breathing techniques to get through tricky situations
- Plan for and manage change so you are in control of your choices and actions
- Have good ideas that excite internal and external customers

2.15pm - 4.30pm Optional workshop

***Goal setting: Whatever it takes!***

This workshop enables participants to turn key principles presented by Lisa and Shelley at the lunch session into practice by selecting one personal goal and one work goal for immediate action.

Workshop participants will leave with the following:

- 2 specific goals (work/personal)
- The motivation to start taking action towards achieving these goals
- A simple action plan
- A strategy to leverage their existing skills and knowledge to achieve their goals
- A support mechanism to keep them focused and on track



### Registration form: November 2008 Events Fax form to 03-366 7807

#### Choose Venue

- Christchurch** Tuesday 18 November, Hotel Grand Chancellor
- Dunedin** Thursday 20 November, Mercure Hotel
- Wellington** Tuesday 25 November, James Cook Hotel
- Auckland** Thursday 27 November, Bruce Mason Centre, North Shore

#### Registration Options

**Lunch session (12.40pm - 2.00pm): *How to get inside your comfort zone and achieve new goals.***

Please reserve \_\_\_\_\_ lunch event ticket(s) \$99 + GST pp.

- Register by 17 October and receive a 10% early bird discount - \$89.10 + GST pp.

Please reserve \_\_\_\_\_ table(s) of 8 for lunch event \$620.00 + GST per table

- Register by 17 October and receive a 10% early bird discount - \$558.00 + GST per table.

**Workshop (2.15pm - 4.30pm): *Goal setting: Whatever it takes!***

Please reserve \_\_\_\_\_ workshop ticket(s) \$185 + GST pp.

- Register by 17 October and receive a 10% early bird discount - \$166.50 + GST pp.

#### Attendee Details

Name \_\_\_\_\_ Title \_\_\_\_\_

Company / Address \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ Fax \_\_\_\_\_

Additional Attendees: (please supply name, company and email)

\_\_\_\_\_  
\_\_\_\_\_

#### Payment Details (please circle one)

1. Please supply our accounts department with the necessary details for a direct credit
2. Invoice me (please ensure you have filled out all company details)
3. Cheque enclosed/ following (payable to SmartNet workshops)
4. Please charge my  VISA  MasterCard  Bankcard

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