



PAUL KINGSMAN

MOTIVATIONAL SPEAKER ■ TEACHER ■ OLYMPIC MEDALIST

Teaching Success Habits of Olympic Medalists

Showing You How to Achieve Personal Excellence Every Day

There are no shortcuts to achieving big dreams, whether the dream is an Olympic medal, a thriving and profitable business, or a record-setting sales team. It takes passion, focus, tenacity, and a plan. It takes a conscious, consistent pursuit of excellence. It takes making excellence a daily habit.

Easier said than done, right? How do you realistically stay focused, day in and day out, to reach your goals?

Paul not only teaches you how to take small, daily steps that lead to



big success, but how to have fun along the way! Paul doesn't just talk about the habit of striving for excellence; he's lived it out as an **Olympic-medal-winning athlete**, as a **business owner and manager**, and as a **husband and father**.

By the age of nine, Paul Kingsman had already determined he would make history. That was when he decided he would go to the Olympic Games and win a medal. Twelve years later it happened, and he became his native country of **New Zealand's first male Olympic medalist** in an individual swimming event, with a swim that still remains a record today, 16 years later.

Through his captivating and entertaining stories drawn from his Olympic experiences, listeners will learn how Olympic medalists think. Paul gives his audiences practical tools to help them set specific goals, to develop drive and perseverance, and to stay motivated. Your team will be inspired to apply these tools to achieve true success for themselves and your company.

What Audiences Are Saying About Paul

"Paul Kingsman's determination, focus and dedication to achieve his goals in life will cause you to rethink where you are at and how far you can go if you push yourself. If you are interested in listening to someone who doesn't just talk about it, but does it, Paul comes highly recommended." Bruce Coutts, Harvey Corporation

*"One of the key differences between Paul and other leaders and presenters is that he appeals to more than just their emotions: **he wants to impact and challenge their character**. Paul effectively led the audience to recognize how they could personalize his message to help them identify and achieve their dreams."*

Judy Morgan, Marin County School to Career Partnership

"You inspired our youth to work hard for their dreams: now they know success does not come easy, but it's very possible if they persist. Thank you for evoking their special talents and abilities to succeed." Angie Olivio, Chairperson, Overcoming the Odds Youth Conference

PAUL KINGSMAN

9 OAK CREST CT. #D ■ NOVATO, CA 94947 ■ (415) 897 - 8082
PAUL@PAULKINGSMAN.COM ■ WWW.PAULKINGSMAN.COM

Let Paul's Experience Work For You

Speaking Expertise

Paul is an experienced, engaging speaker who has been presenting internationally to a wide range of corporate, community and educational groups for more than twenty years. He takes his audiences on an entertaining, yet profoundly motivating journey in which he shares from his Olympic and business experiences, teaching audiences to adopt and apply the same techniques and approaches he has used to achieve excellence and success.

Paul's energizing and inspiring passion combined with his practical, relevant and challenging message leaves an impact that lasts long beyond his presentation.

Business Acumen

Paul knows what it takes to run a successful business because he has done it -- several times over.

While managing swimwear company Speedo New Zealand, he took a poorly performing brand and refocused the company on the things that really mattered to ensure it stood out in a competitive market, significantly increasing client numbers and sales, and more importantly, increasing bottom-line profitability more than 400% in only two and a half years, while building a solid reputation for the company and gaining

innovation and high quality service.

He built, owned, and managed one of New Zealand's largest swim schools from the ground up, mining unmet needs in a supposedly saturated market, focusing on developing an environment where clients felt valued, and successfully training and managing staff.

In the United States Paul has worked as a financial consultant with one of the country's largest brokerage houses as well as one of the largest and oldest banks. He knows what it takes to build a profitable, integrity-based practice by growing long-lasting relationships with clients and delivering outstanding service, ensuring your clients become your greatest referral source.

Paul has grounding in real-world business. He understands the goals of owners and managers who are continuously pressured to squeeze more out of fewer resources. He practically and effectively communicates these goals to staff in an inspiring way that makes them want to be successful team members.

To bring a passion that will inspire and equip your team to achieve more, call today to book Paul for your next meeting. More than an athlete with a great accent!

Think (And Act) Like An Olympic Medalist

Olympic medalists are not superhuman and the keys to their success are not really secrets. But Olympic medalists do have focus, discipline, integrity, and tenacity.

Paul will teach you how Olympic medalists:

- turn their passion into action
- set priorities that lead to results
- make excellence a habit
- perform under pressure and
- achieve their goals.

And, more importantly, you will **learn how to apply these Olympic-sized character traits in your own life**, whatever your dreams may be.

Whether you are looking for an outstanding keynote address, useful and applicable small group workshops, or powerful individual coaching, Paul will equip and inspire you so you can achieve history-making results!

Call to book Paul so you and your team can start thinking (and acting) like Olympic medalists.



PAUL KINGSMAN

9 OAK CREST CT. #D ■ NOVATO, CA 94947 ■ (415) 897 - 8082
PAUL@PAULKINGSMAN.COM ■ WWW.PAULKINGSMAN.COM